

THE VOICE OF DOMESTIC VIOLENCE

spring 2020 edition

Laura's House Responds to COVID-19 Stay at Home Order

Domestic Violence is pervasive, and we are concerned about the many stories we are hearing detailing the haunting affects that the COVID-19 Pandemic is having on victims of abuse who are forced to stay isolated with their abusers in their homes.

Another big concern for us is that the number of clients who will need our services will increase substantially over the next few years. From 2018 to 2019, Laura's House served 45.4% more children; experienced a 19% increase in demand for non-residential services; and saw a 12% increase in hotline callers.

Perhaps the most critical gap that Laura's House has identified, based on feedback from our client base, staff and community partners and confirmed by statistical data, is the dire need for a domestic violence agency that incorporates domestic violence programs and complementary services (shelter, health, legal, etc.) under one roof. Currently, domestic violence-related services are scattered across the county and are not centrally managed. As a result, domestic violence survivors face barriers with transportation and the need to take extended periods of time away from work to meet with service providers who can provide access to the services that can provide the best chance for them to successfully break free of the abuse.

33 Journey: A One-Stop Destination for Women, Men and Children Suffering from Domestic Violence

To address this gap, Laura's House is developing Orange County's first multiservice collaborative — the Domestic Violence Resource Center. Centrally located at 33 Journey in Aliso Viejo, the 19,000-square-foot campus will become a 'one stop' safe space for domestic violence survivors seeking help. The center will offer supportive services ranging from counseling, legal advocacy, workshops on domestic violence and how to spot the warning signs and prevent it as well as health and wellness classes and broader based community education workshops.

With the help of a few special friends, Laura's House was able to purchase the building at 33 Journey. Laura's House is now calling on the heart of Orange County to financially support the remaining pieces of the project to realize the full vision of the Center, and deliver the safe, accessible, and appropriate space and effective programs Orange County survivors need on their journey to recovery.

Domestic Violence is a Community Issue

Domestic violence is not just a plague for the individuals and families who are directly affected — it impacts our community too. Domestic violence is a catalyst for other social issues, including California's growing homelessness crisis. According to the Everyone Counts 2019 Point in Time led by the County of Orange earlier this year, nearly 10 percent of Orange County's homeless population reported domestic violence as the cause of their situation.

And beyond its devastating social impact, domestic violence is also hurting our economy. Estimates show that family violence costs the nation up to \$10 billion annually in medical expenses, police and court costs, shelters and foster care, sick leave, absenteeism and more. Just sick leaves and absenteeism alone cost the nation 8 million days of paid work each year, the equivalent to more than 32,000 full-time jobs.

The profound impact we're aiming to achieve with The Laura's House Domestic Violence Resource Center does not happen without substantial investment. Given the compelling data on the social and economic impacts of domestic violence in our County, it's imperative that we succeed in providing better and more adequate services for those in need. While the required investment is significant, the return on investment extends far beyond economic benefits to build a safer, healthier and thriving community.

2020 has taken many twists and turns thus far, and we have seen our staff, volunteers, donors and friends come together to provide much needed support and encouragement during this time. We are very grateful to have you by our side, and together we will continue to be committed to our mission to inspire hope and empower change for the many victims of abuse that come to us in the hope of a brighter future.

Thank you.



Margaret

Margaret R. Bayston
CEO/Executive Director

PROGRAM NEWS



LAURA'S HOUSE: FAMILY VIOLENCE WORKSHOP

Healthy Families Workshop



Our Healthy Families Series is up and running and off to a great start! Healthy Families is a three-part series to help families in our communities create a healthy family dynamic that will work no matter the make-up of the family. The series focuses on identifying generational patterns, assessing areas for growth and building safe communication practices. Each 90-minute class not only instructs but gives easy to apply principles that can be incorporated into any family dynamic.

SESSION 1: Family Dynamics and Patterns

- Abusive Behaviors and Family Dysfunctions
- Childhood Experiences
- Family History / Family Tree

SESSION 2: Family Communication

- Healthy Communication Techniques
- Conflict Resolution Practices
- Love Languages within the Family

SESSION 3: Moving Forward

- Identifying Family Patterns
- Creating a Healthy Family Dynamic
- Family Mission Statement



Healthy Families Workshop is being offered to our partner agencies as a way to support their existing programs and services. Currently, Laura's House also offers this series at our facility every other month, however, due to the community interest, we are looking to expand this vital workshop to once a month. If you are interested in being placed on our email notification list, please contact Veronica Stephens, Community Education Specialist at vstephens@laurashouse.org. We will be making announcements about our next session soon!

3RD ANNUAL FESTIVAL OF THE HEARTS



3rd Annual Festival Of the Hearts Teen Summit

In October, Laura's House will be partnering with Waymakers and youth leaders to hold our third annual Festival of the Hearts. The themes of this conference are healthy relationships and boundaries, emotional wellness and resiliency, the truth about vaping and other

harmful substance use. The event will feature live music, self-defense, Zumba, art activities, giveaways, and more! Tickets are \$10 and can be found at laurahouse.org/lhteen.

Announcements will go out with date and musical and educational lineups! Join our email list to receive the latest news and follow @laurashouseheart.



COMMUNITY SUPPORT

WE COULDN'T DO IT WITHOUT YOU!



Did you know that by shopping at Rite Aid you can help improve the health and wellbeing of children?

We are so thankful to have been chosen by The Rite Aid Foundation to be a receipt of Kidcents.

Your change, can change life of a child. Sign-up today to have your purchases at Rite Aid rounded up to benefit Laura's House.

For more information and to register visit: riteaid.com/wellness/programs/kidcents.



2020 GRANTS

Thank you to all of the below organizations for their vital grants which help us to inspire hope and empower our clients.

Annenberg Foundation
Arbonne Foundation
Bob's Discount Furniture
Cal OES - Domestic Violence Assistance Program(DVAP)
Cal OES - Legal Support Services (XL)
Fusenot Charity Foundation
Heffernan Foundation
Hoag Family Foundation
In-N-Out Burger Foundation
Make Sense Foundation
Ms. Molly Foundation
OCCR - Cal OES Crime Victims Program (XC)

O.L. Halsell Foundation
Pacific Life Foundation
Rite Aid Foundation - KidCents
Roosters Foundation
Sue J. Gross Foundation
Swayne Family Foundation
Thompson Family Foundation
TJX Foundation
USC Marshall School of Business - Brittingham Social Enterprise Lab
William, Jeff & Jennifer Gross Family Foundation

*Grants received between November 1, 2019 - March 6, 2020

Thank you to all of our in-kind donors who have provided us with donations during this pandemic.

Audrey McKinley/Saddleback Church
HD Supply

The M3ND Project/Olive Crest Church
Marconi Family

REALHER
Supriya Gorpakur

LAURA'S HOUSE RESALE STORES



VOLUNTEER HIGHLIGHT

Have you ever noticed the fun vignettes in our stores? Our dedicated group of volunteers takes great pride in creating these displays for our shoppers! Come check them out, you never know what treasures you may find.



RESALE STORE LOCATIONS:

23635 El Toro Road, Suite F
Lake Forest, CA 92630
(Twin Peaks Plaza, upper plaza,
off El Toro and Arbor Way)
(949) 472-8800

31878 Del Obispo Street, Suite 104
San Juan Capistrano, CA 92675
(Plaza Del Obispo Shopping Center,
next to Marshalls)
(949) 218-6400

STORE HOURS:

Monday – Saturday: 10am – 6pm
Sunday: 12pm – 5pm

**** Note the Donation Center and Stores are Temporarily Closed under the 'Stay at Home' Order ****
Please look for our re-opening dates via email communications.

NEW DONATION CENTER — DONATE YOUR GENTLY USED ITEMS



Laura's House is thrilled to announce that we are opening our new Counseling & Resource Center and Corporate Office in Summer 2020! It will be a safe space where victims of domestic violence can seek supportive services ranging from education, support, legal advocacy, prevention, health and wellness and community education and workshops to approach the healing process for the whole mind and body. This new center will be Orange County's first multi-service collaborative focused on domestic violence services.

We are also pleased that our new building features warehouse space that serves as our new Donation Center! **See our website for details.** We look forward to seeing you there!

LOCATION:

33 Journey, Ste 150
Aliso Viejo, CA 92656
Phone: (949) 472-8800
Fax: (949) 218-6399

DONATION CENTER HOURS:

Monday – Friday: 10 am – 4pm
Saturday: 10 am – 2 pm
Sunday: Closed

*For large donations, please schedule prior to drop

GET INVOLVED TODAY

THERE ARE MANY WAYS TO MAKE A DIFFERENCE THIS SPRING!

VOLUNTEER

Laura's House encourages volunteer involvement and the development of community resources to enhance our programs and build closer ties with the community. In addition to providing support to clients and their families, volunteers help increase the knowledge and understanding of domestic violence with our community. We love our Laura's House Volunteers! Fill out a Volunteer Application here, or contact Meghan Becker, Development & Volunteer Coordinator for group projects, mbecker@laurashouse.org.

GIVING BACK

In gratitude for your generosity, Laura's House offers a variety of donor programs and giving opportunities that enable you to become part of the Laura's House family. Our current giving campaigns, events, and opportunities are detailed below and ensure your gift is allocated in the manner you intend. For detailed information on any of the options listed below, please visit laurashouse.org/get-involved.

SUPPORT OUR CIRCLE OF FRIENDS



Annual Giving Campaign and provide unrestricted one-time or monthly recurring gifts at laurashouse.org/donate

HOLD A SOCIAL MEDIA FUNDRAISER



FACEBOOK - Set up a fundraiser to celebrate your birthday via a specialized link: facebook.com/fund/LaurasHouseOC



INSTAGRAM - Add a donate button to your story, and select Laura's House

DONATE TO THE SHELTER'S WISH LIST

Directly meets the needs of Laura's House and our clients by donating wish list goods, and fulfilling our client's basic needs. Please visit the Laura's House Amazon Wish List

for a comprehensive list of our most current needs
- CLICK HERE -

and to have items delivered straight to our office.

EMPLOYEE GIVING & MATCHING PROGRAMS

Invite a Laura's House speaker to your workplace and donate through your workplace giving/matching campaign, or through United Way, #LAU098.

CAR DONATIONS

Donate a vehicle to Laura's House and when the vehicle sells you will get a donation receipt in the amount for which the vehicle sold. For more information or questions please call CARS, toll-free at 855-500-RIDE (7433) or visit their website at careasy.org.

SHOP & DONATE AT THE RESALE STORES

We welcome donations from the community of gently used clothing - men's, women's, and children's, shoes, handbags, jewelry, small housewares, collectibles and furniture. Proceeds from sales go toward funding the programs and services we provide to the community.



Laura's House fundraising events are a wonderful way to raise awareness on domestic violence issues and much needed funds to support Laura's House and of course, have a bit of fun in the process!

For more information on any of these events please visit our website at laurashouse.org or contact the Development Department (949) 361-3775, Andrea McCallister, Director of Development & Communications amccallister@laurashouse.org and Hallie Wilson, hwilson@laurashouse.org

>> DONATE HERE <<

2020 CALENDAR OF EVENTS – JOIN US



NOTE: Some events might become virtual events, the latest information & updates will be on our website.

LH BRIGHTER FUTURES LUNCHEON

Friday, June 26, 2020 from 11-2pm *NEW DATE*

Join us at our 5th Annual spring lunch and learn event at **Balboa Bay Resort**, featuring beautifully decorated tables by our creative table hostesses and sponsors, an impressive raffle and luncheon program. Additional table hostesses needed. Table Sponsorships and tickets available online at laurashouse.org.

FREEDOM RUN AT THE RANCH

Thursday, July 4, 2020 at 7am

Join Laura's House and the San Clemente Kiwanis for a pancake breakfast served up by our wonderful Volunteers. The Freedom Run, 1k/5k/10k run will take place in Ladera Ranch, Visit runladera.com to register today. Laura's House will be the primary beneficiary from the event and receive all of the proceeds from the pancake breakfast sales.

40-HR DOMESTIC VIOLENCE ADVOCATE TRAINING

July 17, 18, 24, 25, and 31

Saddle Back Valley College, Mission Viejo

Interested in volunteering at Laura's House? One must complete a 40-Hour Domestic Violence Advocate Training in order to apply for volunteering positions that work directly with our clients. Positions for direct client service include: 24-Hour Crisis Hotline, Childcare Program, House Coordinator, Case Management, and Administrative Data Entry at the corporate office. After completing 40-hours of training, graduates shall receive a certificate of completion that will enable them to pursue volunteer and employment opportunities working directly with survivors of domestic violence in the state of California. For more information and registration, visit laurashouse.org/40hr-training.

OC YOUTH SERVICE PROVIDERS CONSORTIUM

Friday August 21st, 2020 from 9am-3pm *NEW DATE*

OC Youth Service Providers will join for an informative day presented by Laura's House, Waymakers, OC Big Brothers Big Sisters, OC Human Relations, and The Mend Project gathers local community organizations, non-profits, government agencies and outreach programs to work together in addressing the needs of our local youth.

This years' topic, the Blue Shield Foundations study "Breaking the Cycle: A life course framework for preventing domestic violence", will provide a comprehensive and in depth overview of the necessity and benefits of timely intervention strategies, and the need for a collaborative response from community partners. **RSVP via eventbrite or vstephens@laurashouse.org**.

8TH ANNUAL HOPE GOLF TOURNAMENT

Monday, August 24, 2020

Come out for a great day of golf and in support of Laura's House, hosted at **Aliso Viejo Country Club**. Silent Auction and Awards Reception to follow. Sponsorships, Foursomes, Tee Signs and individual player spots available. **Register Today!**

LAURA'S HOUSE 26TH ANNIVERSARY GALA

Saturday, September 19, 2020 at 5pm

Join us for our Annual Gala, celebrating our service to the community at the **Fashion Island Hotel**. Enjoy a cocktail reception, silent & live auction and dinner reception. We will be honoring individuals and corporations that have contributed integral support to the programs and services we provide. Sponsorships, tickets and ads will be available. **Register Today!**

FESTIVAL OF THE HEARTS

October 2020 *NEW DATE*

We are excited to announce our 3rd Annual Festival of the Hearts conference hosted at **Saddleback College**. We have partnered with Waymakers and our youth leaders to create a one day conference and music festival for teens and their parents. The themes of this conference are empowerment, leadership, and healthy relationships. The event will feature interactive workshops, live entertainment, and hosted lunch. Registration will begin at 8am and the event will be from 9am-3:00pm. Free parking will be available on campus. Tickets are \$10 each. Raffle tickets will be included with registration. Sponsorship and tickets available, laurashouse.org/Ihteen.

>> CLICK HERE TO DONATE <<