



## **Missing PEP?**

Do you miss the support of your old PEP group?  
Join fellow graduates at the next meeting of the:

### **Alumni Network**

Tuesday mornings

10 am–12 pm

Facilitator: Lily Habte, MFTI

This ongoing support group focuses on  
**Empowerment & Trauma Recovery:**

- Physical & Emotional Boundaries
- Self-Esteem
- Developing Ways to Feel Better: Self-Soothing
- Intimacy & Trust

*Note: If you are not currently registered with Laura's House you must schedule and complete an intake before attending the group.*

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