

# H.E.A.R.T. *Strong*

Healthy Emotions & Attitudes in Relationships for Teens

**Wednesdays: 5:15 PM - 7:00 PM**

Co-Ed Ages 14-18

Topics Include:

Facts about Domestic Violence

Healthy Dating Relationships

Boundary-Setting and Conflict Resolution

Self-Esteem



**Laura's House Counseling and Resource Center**

999 Corporate Drive, Suite 225

Ladera Ranch, CA 92694

949.240.0363

Please Note: Space is limited. Each participant must complete registration with Laura's House with parent or legal guardian's consent prior to the start of group.