

# LADERA SPORTS CENTER PROUDLY SUPPORTS



*Laura's House*  
*Ending the Silence of Domestic Violence*

**HEALTHY  
EMOTIONS &  
ATTITUDES IN  
RELATIONSHIPS  
TODAY**



**Join Us For a Special Interactive H.E.A.R.T. Workshop  
To Discuss Healthy Teen Relationships, and  
The Prevention Of Teen Dating Abuse and Bullying**

**WHEN:** Thursday, March 23rd from 6:30 - 7:30 p.m.

**WHERE:** Ladera Sports Center  
2 Terrace Road, Ladera Ranch, CA 92694  
(949) 325-6080 | [www.laderasportscenter.com](http://www.laderasportscenter.com)

**WHO:** Everyone age 12 and over is welcome

**WHY:** Each year, nearly 1.5 million high school students nationwide experience physical abuse from a boyfriend or girlfriend. We can help prevent violence by educating ourselves about healthy relationships and appropriate conflict resolution skills.

**We will also raffle off Cinépolis and iTunes gift cards, and Disney 1-day Park Hopper passes. Every attendee will receive a raffle ticket.**