

2022 IMPACT

TOGETHER WE INSPIRE HOPE + EMPOWER CHANGE



Laura's House addresses the domestic violence crisis by providing a comprehensive and effective range of programs that help domestic violence survivors heal from their experiences and lead healthy, independent, and safe lives along with public awareness activities to help stop abuse before it starts. In 2022, we successfully provided direct services to a total of **5,343** survivors and reached **15,388** through our prevention/ education and community outreach activities.



[LAURASHOUSE.ORG](https://laurashouse.org) + [LAURASHOUSE.ORG/LHTEEN](https://laurashouse.org/lhteen)

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2022

ANNUAL OUTCOMES

In 1994, Laura's House was founded to honor the memory of a young woman whose life was cut short by intimate partner abuse. Our co-founders Helen Kendall and Sandy Condello led the effort to ensure that victims of domestic violence in Orange County could receive help to escape abuse and achieve lasting safety. Over nearly three decades, Laura's House has fulfilled this vision by developing and providing a comprehensive range of programs and services that provide potentially life-saving assistance to survivors and build community awareness to help stop abuse before it begins.

Despite the efforts of Laura's House and our allies throughout Orange County and the U.S., domestic violence remains a pervasive social and health issue and the incidence of abuse continues to rise.

Domestic violence calls for service to Orange County law enforcement agencies have increased by 34% over the past five years. While the COVID-19 pandemic created and intensified domestic violence as abusers were triggered by isolation, economic instability, and job losses, current stressors including the high cost of housing and other basic living expenses and social inequities are now driving the alarming rise in abuse. In short, the need for Laura's House is greater than ever before.

Laura's House addresses this crisis by providing a comprehensive and effective range of programs that help domestic violence survivors heal from their experiences and lead healthy, independent, and safe lives along with public awareness activities to help stop abuse before it starts. In 2022, we successfully provided direct services to a total of 5,343 survivors and reached 15,388 through our prevention/education and community outreach activities.

Laura's House is proud of our ability to provide valuable and effective services to survivors of domestic violence and the community, making a life-long impact on those we serve. As we approach our 30th anniversary we will continue our efforts to realize our vision: to end the epidemic of domestic violence so that everyone can lead safe and happy lives free of abuse.

Margaret R. Bayston

Margaret R. Bayston
CEO/Executive Director

Donald Barnes

Donald Barnes
Board of Directors Chair



24-HOUR CRISIS HOTLINE

The Hotline offers immediate assistance for individuals and families dealing with domestic violence, providing the first point of entry to our services along with resources, referrals, and safety planning.

*Laura's House assisted **3,440 callers** through **4,725 calls** to the Hotline.*



COMMUNITY OUTREACH

We conducted or participated in **322 in-person and virtual events and activities** (including our Community Connections, Healthy Families, Unpacking Family Systems, and After Abuse webinars and the 40-Hour Domestic Violence Advocacy Training Program) **reaching 9,808 individuals** in Orange County and throughout California and the U.S.



CHILDREN'S PROGRAMS

At the Emergency Shelter, **102 children** participated in our Therapeutic Pre-School and Kids Club after-school programs and received child care while their parents participated in program activities.

***2,040 direct service units** were provided at the Shelter.*

At the Domestic Violence Resource Center and Domestic Violence Advocacy Center, **132 children** received on-site child care while parents accessed therapeutic counseling and legal advocacy services.

***592 direct service units** were provided at our non-residential service sites.*



EMERGENCY SHELTER + TRANSITIONAL LIVING CENTER

Our **Emergency Shelter** provides up to 45 days of housing, therapeutic counseling, case management, life skills education, legal advocacy, and supportive services for abused men, women, and children who are fleeing domestic violence and would otherwise be homeless.

*The Emergency Shelter served **322 individuals** (148 women and 174 children) with **5,364 bed days**.*

***5,436 units** of support services were provided to Emergency Shelter residents.*

Our Emergency Shelter achieved the following client outcomes:

- **55%** of adults and children secured safe housing and moved out of abuse (28% declined to share their exit destination and 17% required a safety transfer).
- **80%** of adults increased their knowledge of co-dependency and anger management skills.
- **90%** of adults increased their capacity to leverage skills and community resources to achieve self-sufficiency.
- **90%** of adults improved their self-esteem and cognitive coping skills.
- **60%** of adults exhibited improved parenting attitudes, skills, and behaviors.
- **72%** of children exhibited improvement in post-traumatic stress symptoms, anxiety, and depression.
- **86%** of children demonstrated improved social functioning.
- **91%** of families completing an exit survey rated their experience at the Shelter as Excellent or Very Good.

Our **Transitional Living Center** provides six to twelve months of continued housing following Shelter residency to help clients establish self-sufficiency and secure permanent housing.

*The Transitional Living Center served **32 individuals** (11 women and 21 children) with **3,392 bed days**.*



DOMESTIC VIOLENCE RESOURCE + ADVOCACY CENTERS

Our non-residential direct services (including therapeutic counseling, case management, legal advocacy, child care, and life skills education) are provided at our **Domestic Violence Resource Center** in Aliso Viejo and our **Domestic Violence Advocacy Center** in Garden Grove. Both sites are centrally located and offer “one-stop” access to effectively meet the needs of our clients.

COUNSELING SERVICES

We provided therapeutic counseling (both in-person and virtually) to **791 new and ongoing clients** (603 women, 22 men, 6 other identified and 160 children).

- **3,792** individual and family counseling sessions were conducted.
- **107** clients received comprehensive case management services through **2,423** case management sessions.
- **2,133** Personal Empowerment Program (PEP) group service units were provided.
- **86** psycho-educational/life skills group service units were provided.
- **460** alternative therapy activity service units (including EMDR, Sand Tray, Anxiety Reduction Techniques, Art, and Play) were provided.

LEGAL ADVOCACY SERVICES

We provided legal advocacy services (both in-person and virtually) to **755 clients** (714 women and 36 men and 5 other identified) including consultations, assistance with temporary restraining and child custody orders, court accompaniment, safety planning, and referrals to other legal services.

- **6,387 units** of legal advocacy services were provided.
- **68 hours** of volunteer service were donated by Orange County attorneys to assist our clients.
- **4.5** was the overall satisfaction rate of Legal Advocacy clients, on a scale of 1 (lowest) to 5 (highest).



VOLUNTEER PROGRAM

676 community volunteers provided **16,220 hours** of assistance to Laura's House. Their efforts are equal to the service of **7.8 full-time employees**. According to the Independent Sector Value, the monetary value of our volunteer support is **\$486,600**.



MAN.KIND OC

Our Man.Kind OC series of character development workshops for young men engaged **5 participants**.



H.E.A.R.T. – HEALTHY EMOTIONS & ATTITUDES IN RELATIONSHIPS FOR TEENS

Our H.E.A.R.T. youth dating violence prevention workshops **reached 5,557** tweens, teens, and young adults through **270 workshops** held for **69** different schools, detention facilities, churches, and community organizations.

Our Teen website provided **68,357 users** with **74,476 sessions** and **121,981 pageviews** to improve understanding of teen dating violence along with tools on how to help and linkage to direct intervention services.