

THE VOICE OF DOMESTIC VIOLENCE

– fall 2019 edition

TO OUR LOYAL SUPPORTERS.

2019 has been a very big year for us, as we have been celebrating **25 years of service** to our community. We have so much to be proud of and we have worked to show you all the different ways you can become involved with us. We also have inspirational stories to share from many of the stakeholders who are part of our team, so watch for these. With your help, we really are making a difference in the lives of so many who would otherwise have nowhere to turn for help.

With the holidays just around the corner, we are always thankful to have the support of so many wonderful people in our community like you. Your care and financial support make it possible for us to give our clients a safe, happier holiday season where they can experience how much others care for them and their future wellbeing when they will never know them personally.

Our emergency shelter has been close to maximum capacity for most of this year, each family with their own set of challenges and specific needs. Our Transitional Facility has also been bustling and we have many wonderful corporate partners that have helped make Transitional a truly beautiful place to live for our families, that are with us for 6-12 months. Both our Domestic Violence Advocacy Center in Garden Grove, and our Counseling & Resource Center in Ladera Ranch, have seen increases in the number of non-residential clients served, to include legal advocacy, counseling and children services.

As announced at our Gala this September, we will be embarking on a special Campaign – The Power of the Journey, to expand our Resource Center space and create the first one-stop Domestic Violence Resource Center in Orange County. You will be seeing more about the Power of the Journey in the coming months.

We have successfully created a new program and curriculum with our Man.Kind OC Advisory Committee and the help of our Prevention Education team, to create a program that provides positive role models and advocates for boys and young men to help them become respectable, responsible leaders, build character and learn about healthy relationships. We aim to pilot this program in the Spring 2020. We also have been busy creating a Facilitators training for our H.E.A.R.T (Healthy Emotions Attitudes in Relationships Today) Program and Curriculum, creating a portal to allow access to administrators all over the country to access and be trained in our H.E.A.R.T. program, expanding our footprint.

A big thank you to our donors, stakeholders, volunteers and community partners. Your support, guidance and financial support throughout the year is what makes Laura's House family so special.



Wishing you a wonderful holiday season!

Best regards,

Margaret

Margaret R. Bayston CEO/Executive Director

>> DONATE HERE <<

PROGRAM NEWS



BECOME A H.E.A.R.T. FACILITATOR





Healthy Emotions and Attitudes in Relationships Today

Teen Dating Violence Prevention Facilitator training! • Earn 16 Category I CHES CEU's from NCHEC!

We are extending a **special invitation** for you to be a part of our first cohort of participants before the launch of our full online training portal. **Sign-up before November 20th, to take part in the first cohort!**

If you are interested in being a part of this exciting new training, more information on registration, dates and times, contact Jennifer Ponce, Prevention Education Manager, jponce@laurashouse.org, or 949-361-3775 x213

As a member of our inaugural group of certified **H.E.A.R.T. facilitators**, we would like to offer you a special rate of **\$399***, this price will increase to \$750* once the online portal is launched in the coming months.

What you will receive:

- H.E.A.R.T. program **16-hour** online training course.
- 16 CHES CEU's
- Hands-on walk-through of program presentations and discussions.
- Recommendations and best practices for bringing the program to your local schools and community based organizations.
- Complete access to program materials and curriculum.
- Continued access to our H.E.A.R.T. facilitator platform with additional training materials and resources.
- Certification as an accredited H.E.A.R.T. facilitator to implement this program in your community and on your school campuses.

*After the initial 12-month term, there is an ongoing \$200 licensing fee to be paid annually for the H.E.A.R.T. curriculum and updates.

After completing the H.E.A.R.T. Facilitator training, participants will have:

- The skillset to plan, deliver and evaluate an effective H.E.A.R.T. - Teen Dating Violence Prevention workshop.
- An understanding of unhealthy and violent behaviors in intimate partner relationships as it relates to youth and young adults.
- Knowledge of presentation solicitation methods and classroom management.
- Access to the various training tools used within the H.E.A.R.T. workshop.
- The ability to explain effective safety planning methods and provide crisis intervention when needed.
- Familiarity with outside resources and how to effectively provide them to workshop attendees.

LAURA'S HOUSE SUPPORTERS WALKED FOR KINDNESS



On Sunday, October 13, 2019, over 150 people walked to make a difference in support of the 250,000 individuals that are affected by domestic violence in Orange County. *Miles to Make a Difference* brought in over \$3,000.00 worth of donations

from our wish list. Walkers started at Reata Park in San Juan Capistrano and ended with a celebration at our San Juan Capistrano Resale Store location. Events like these make it possible for us to keep serving victims of domestic violence. Click here for more information about similar events, and how you can be a part of the next kindness walk.

PROGRAM NEWS



This year we request your help with Holiday donations for the families of Laura's House!

This Holiday Season we would appreciate your help with holiday gift donations for the families of Laura's House. Families will receive these gifts at our Shelter Alumni Party, Counseling & Resource Center, Shelter and Transitional Living Center. If you would like more information on donating to our Holiday Giving Program, please visit our website laurashouse.org In the meantime, look at our Holiday Giving Guide for an easy way to make an impact this year!

Holiday Giving Guide —Gift Cards Empower! Gift Cards are the easiest way to donate this holiday—they are easy to purchase, easy to deliver, and easy for us to store and distribute. Gift cards ensure the families and children of our programs receive the gifts they really need and want this Holiday Season!

GIFT CARD WISH LIST:

Superstores: Target, Wal-Mart, Costco

Grocery Stores: Albertsons, Vons, Pavilions, Ralphs, Stater Bros., Trader Joe's, Sprouts, Whole Foods, Smart & Final, Costco

Pharmacy: CVS, Walgreens, Rite Aid

Clothing: OldNavy, Claire's, TJMaxx, Marshalls, Macy's, Sears, Gap, Pac Sun, Tilly's, Justice, Dick's Sporting Goods, H&M, Disney Store, Buy Buy Baby

Gifts: Barnes & Noble, Sephora, Ulta, Dick's Sporting Goods, iTunes Restaurants: McDonalds, Chick-fil-A, Subway, Starbucks, Applebee's, Chili's, Pizza, etc.

Toys: See second page of pdf for list by age

Miscellaneous: Bus Passes, Gas Cards, AMEX Gift Cards, Movie Passes, Best Buy

Please consider donating gift cards between Nov. 1 and Dec. 2. The bulk of the gift cards will be distributed at our annual Alumni Holiday Party on December 8, 2019.

FAMILY WORKSHOPS/ PROGRAMS



NEW HEALTHY FAMILIES WORKSHOP

Our Healthy Families Workshop is being offered in January at our Counseling Resource Center in Ladera Ranch. More information on registration, dates and times will be announced in the next couple of weeks. If you are interested in being placed on our email notification list, please contact Veronica Stephens, Community Education Specialist, vstephens@laurashouse.org.

Healthy Families is a three-part series to help families in our communities create a healthy family dynamic that will work no matter the make-up of the family. The series focuses on identifying generational patterns, assessing areas for growth and building safe communication practices. Each 90-minute class not only instructs but gives easy to apply principles that can be incorporated into any family dynamic.

Session 1: Family Dynamics and Patterns

- Abusive Behaviors and Family Dysfunctions
- Childhood Experiences
- Family History / Family Tree

Session 2: Family Communication

- Healthy Communication Techniques
- Conflict Resolution Practices
- · Love Languages within the Family

Session 3: Moving Forward

- · Identifying Family Patterns
- Creating a Healthy Family Dynamic
- Family Mission Statement

2019 **GRANTS** (*/



Our partnership with foundations, corporations and public agencies such as these enables Laura's House to provide direct, cost effective solutions to end the cycle of domestic violence and foster self-sufficiency and healthy relationships for the women, men and children of our community. Laura's House received funding recently from the following organizations*:

A. Gary Anderson Family Foundation

Angels Baseball Foundation

Bob's Discount Furniture Charitable Foundation

Boeing Crystal Vision Grant

California Office of **Emergency Services -FX Grant**

Capitol Network

Change-a-Life Foundation

City of Aliso Viejo

City of Laguna Beach

City of Mission Viejo

City of San Clemente

Croul Family Foundation

Dhont Family Foundation

Edwards Lifesciences Foundation

Fluor Foundation

Golden State Foods

Hermann Foundation

In-N-Out Burger Foundation

Ms. Molly Foundation

National Charity League -Canyon Chapter

National Charity League -Laguna Chapter

Nordstrom Foundation

OCCF - Margaret E. Oser Fund for Women

OCCF - Confidential Funder

OC Women Lawyer's Association

O.L. Halsell Foundation

Orange County Bar Association

Pacific Life Foundation

Rite Aid Kid Cents

Roosters Foundation

Safeway Foundation

San Clemente Junior Women's Club

Sisters of St. Joseph Healthcare Foundation

Smart & Final Foundation

Stater Brothers Charities

State Street Foundation, Inc.

Swayne Family Foundation

Thompson Family Foundation

TJX Foundation

Ueberroth Family Foundation

Union Bank Foundation

U.S. Bank Foundation

Wells Fargo Foundation

Wynn Foundation

Verizon Wireless

UPCOMING EVENTS

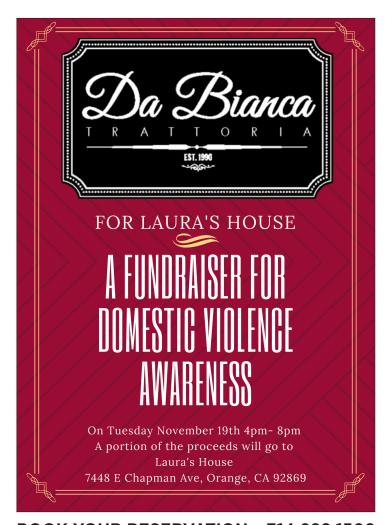


Laura's House Holiday VIP Shopping Event: November 15, 2019 — 6:00pm-9:00pm

Laura's House Holiday VIP Shopping Event - Shop for Great Finds! Please join us for an evening filled with fabulous shopping, and holiday cheer! Event includes new and exclusive holiday merchandise, unique gift items, festive music, refreshments, and amazing raffle and silent auction prizes! Entry Fee: \$10 donation. Download invite.

31878 Del Obispo St. • Suite 104 • San Juan Capistrano

Please RSVP by November 14th to reserve your spot today. >>Click here to RSVP



BOOK YOUR RESERVATION - 714.289.1508

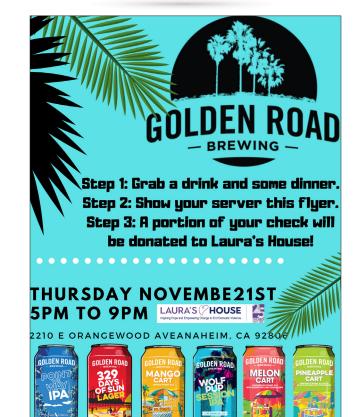
November is Volunteer Appreciation Month!

We are celebrating our volunteers all month long! Follow our Instagram (@laurashouseoc) to see what our amazing volunteers are up to.

In 2019, Laura's House provided 14,823 hours of support to our various services and programs throughout the agency. Our volunteer value is equivalent to 7.2 full-time employees. This month we are especially thankful for our generous volunteers that work hard to keep Laura's House mission alive.

"Helping others is the way we help ourselves"





25TH ANNIVERSARY HIGHLIGHTS





We are proud to have celebrated 25 years of assisting victims of domestic violence. Over the past 25 years, we have provided shelter support services to more than 5,400 abused men, women, and their children and nonresidential direct services including 24 hour crisis intervention, counseling, life skills education and legal advocacy to over 59,000 persons. This was a very special milestone and look forward to keep serving the community.

Laura's House 25th Anniversary Gala, "25 Years of Silver Linings," raised over \$835,000 for services benefiting domestic violence victims, spanning residential shelter services, counseling and legal services, as well as prevention and community outreach programs. The event featured silent and live auctions, and special Crystal Heart Award Honorees. Powerful testimonials were shared from two survivors who bravely opened up about their traumatic experiences and shared how Laura's House was able to help them change the course of their lives for the better.

>> Click here for more details



GET INVOLVED TODAY



CALL TODAY! 1-855-500-7433 •FREE TOW + PICKUP

Car Donations: Donating your car, truck, van, SUV, boat, motorcycle, ATV, RV, trailer or airplane has never been easier! Simply choose Laura's House to donate to, give us a call, and trained staff will guide you through the donation process.

Donate: In gratitude for your generosity, Laura's House offers a variety of donor programs and giving opportunities that enable you to become part of the Laura's House family. Our current giving campaigns, events and opportunities are detailed below and ensure your gift is allocated in the manner you intend. For detailed information on any of the options listed below, please visit laurashouse.org/get-involved.

Give a Gift of Joy: Donate in Honor of your friend, co-worker or loved one, and Laura's House will send a special recognition card to notify them that a donation has been made in their name. CLICK HERE.

Legacy Program: We invite you to share in this giving opportunity to ensure that individuals and families affected by domestic violence continue to have access to Laura's House's services and programs for years to come. Laura's House Legacy Society members will receive recognition on the donor wall at Laura's House and our website. Additionally, Legacy Society members are to an annual recognition celebration and other selected events. Members will have the satisfaction of knowing their gift will continue the important and far-reaching work of Laura's House. Please let us know if you have included Laura's House in a bequest, estate plans or other legacy gift so that we can acknowledge your generosity. For further information on becoming a Laura's House Legacy Society member **checkout our website** or please contact (949) 361-3775 or Andrea McCallister, Director of Development & Communications, amccallister@ laurashouse.org.



Circle of Friends - Annual giving: Join Laura's House Circle of Friends annual donation club and provide unrestricted funds to be used where they are needed most. Every gift counts! For more details, visit laurashouse.org/getinvolved or call

our fund development office today: 949-361-3775.

Donate Wish List Items: Setting our Laura's House families up for success involves a lot of day to day items that may easily be over looked. Laura's House site managers update our wish list every month to fulfill immediate needs from our Emergency Shelter, Transitional Housing, and Resale Store sites. You can download the current wish list here to bring immediate support to our residents.

amazon.com. Click here to donate via our amazon wish list.

Employee Giving: Invite a Laura's House speaker to your workplace and through a workplace campaign of through United Way. See if your company does Employee Matching to double your gift. You can search your company on our donation portal!

Become a Fundraiser: With a personalized donation page, you can fundraise for Laura's House! Host an event, run a race, climb a mountain, hold a jeans day at work, whatever you do, we think you are amazing! You can use Social Media and our new Facebook Donate Button to do this! Call us to create your campaign today, 949.361.3775 x210.

Click this link to create a fundraiser for Laura's House.

This is a great way to raise money and support!

>> CLICK HERE TO DONATE <<

EXCITING FUNDRAISING EVENTS IN 2020

SAVE THE DATES!

LH BRIGHTER FUTURES LUNCHEON Friday, May 1, 2020 from 11-2pm

Join us at our 5th Annual spring lunch and learn event at **Balboa Bay Resort**, featuring beautifully decorated tables by our creative table hostesses and sponsors, an impressive raffle and luncheon program. Table Hostesses needed. Table sponsorships and tickets available on-line at **laurashouse.org**.

FESTIVAL OF THE HEARTS Saturday, May 2, 2020 at 9am

We are excited to announce our 3rd Annual Festival of the Hearts conference hosted at **Saddleback College**. We have partnered with Waymakers and our youth leaders to create a one day conference and music festival for teens and their parents. The themes of this conference are empowerment, leadership, and healthy relationships. The event will feature interactive workshops, live entertainment, and hosted lunch. Registration will begin at 8am and the event will be from 9am-3:00pm. Free parking will be available on campus. Tickets are \$10 each. Raffle tickets will be included with registration. Sponsorship and tickets available, **laurashouse.org/lhteen**.

LAURA'S HOUSE LADIES GUILD — LADERA DERBY DAY

Saturday, May 2, 2020 from 1:30pm-4:30pm

Enjoy an afternoon of Live Derby viewing, silent auction and themed lunch hosted by the Laura's House Guild at this spring event held at the **A Stone's Throw Winery** in San Juan Capistrano. Tickets \$75 will be available, laurashouse.org.

8TH **ANNUAL HOPE GOLF TOURNAMENT** Monday, June 8, 2020

Come out for a great day of golf and in support of Laura's House, hosted at **Aliso Viejo Country Club**. Silent Auction and Awards Reception to follow. Sponsorships, Foursomes, Tee Signs and individual player spots available, **laurashouse.org**.

FREEDOM RUN AT THE RANCH Thursday, July 4, 2020 at 7am

Join Laura's House and the San Clemente Kiwanis for a pancake breakfast served up by our wonderful Volunteers. The Freedom Run, 1k/5k/10k run will take place in Ladera Ranch, Visit **runladera.com** to register today. Laura's House will be the primary beneficiary from the event and receive all of the proceeds from the pancake breakfast sales.

LAURA'S HOUSE 26TH ANNNIVERSARY GALA Saturday, September 19, 2020 at 5:00pm

Join us for our Annual Gala, celebrating our service to the community at the **Fashion Island Hotel**. Enjoy a cocktail reception, silent & live auction and dinner reception. We will be honoring individuals and corporations that have contributed integral support to the programs and services we provide. Sponsorships, tickets and ads will be available, please visit **laurashouse.org/events**.

Laura's House fundraising events are a wonderful way to raise awareness on domestic violence issues and much needed funds to support Laura's House and of course, have a bit of fun in the process!