We are already well into the month of October, which is Domestic Violence Awareness Month and we have many different events you can attend to learn more about Laura’s House and the variety of programs and services we offer in our community. Details are included in this newsletter so be sure to find something that is interesting to you and we look forward to seeing you!

With the holidays just around the corner, we are always thankful to have the support of so many wonderful people in our community like you. Your care and financial support make it possible for us to give our clients a safe, happier holiday season where they can experience how much others care for them and their future wellbeing when they will never know them personally.

Our emergency shelter has been close to maximum capacity for most of this year and many of these clients have been large families with three or more children, each with their own set of challenges and specific needs. Our team has done an excellent job of assisting these families to navigate through their situations and successfully transition to the next chapter of their life with the tools and training to avoid violent relationships in the future.

Man.Kind is our newest project where we have enlisted the support of successful men from our community who are investing their time, talents and expertise to be positive role models and advocates for boys and young men to help them become respectable, responsible leaders with achievements they can be proud of in their lives. Watch out for news as this group develops as we will be sure to let you know how you can become a part of this exciting new opportunity that we hope will be motivational and provide powerful tools for our youth.

2019 is a very big year for us, as we will be celebrating 25 years of service to our community. We have so much to be proud of and we will be showing you all the different ways you can become involved with us. We also have inspirational stories to share from many of the stakeholders who are part of our team, so watch out for tons of exciting updates and information. With your help, we really are making a difference in the lives of so many who would otherwise have nowhere to turn for help.

A big thank you to our donors, stakeholders, volunteers and community partners. Your support, guidance and financial support throughout the year is what makes Laura’s House family so special.

Best regards,

Margaret

Margaret R. Bayston
CEO/Executive Director

>> DONATE HERE <<
October is Domestic Abuse Awareness Month AND Cybersecurity Awareness Month, so we collaborated with Tevora, a local cybersecurity company for tips and guidelines to protect from the dangers of cyberstalking.

1. Passwords alone are not enough sometimes. 2-Factor Authentication is a critical second layer of protection for accounts like email and social media. It means an abusive partner would need a password AND an access code sent straight to the survivor’s smartphone to hack their accounts. It is available for iPhone and Android smartphones and social media platforms like Instagram.

2. Still using the same password for all your accounts? If someone close to you knows or can guess your password, it means all your accounts are at risk. Password managers like LastPass create secure passwords for all your accounts, meaning you only have to remember one password.

3. Think your smartphone has been hacked? Is your phone acting strangely, running hot or losing battery power quickly? Look for any apps you do not recognize and check the battery settings to see if an unknown is app is drawing extra power. Alternatively, try taking your phone to your local smartphone dealer!

4. Don’t click on strange links! If you receive an email or text from a company you do not recognize that asks you to do something, it may be what’s called a phishing attack. Clicking on the link may infect your device with malware.

Try being crafty with answers to your security questions! You know those questions you are asked when you forget your password? Well, other people may be able to figure out those answers. Try mixing up answers or giving a wrong answer to make it more difficult for someone to reset your account.

In honor of Domestic Violence Awareness month, Edens Garden Essential Oils Company donated 100% of the proceeds generated during October from their Fearless Synergy Blend. Grace Martin, President of Edens Garden said, “Partnering with Laura’s House was an easy choice. For 24 years, they have worked tirelessly to provide shelter to abused women and children, given out endless resources to help domestic violence victims and prevent future cases by speaking to children and young adults about what an abusive relationship looks like. We are honored and humbled by their amazing work and those around the world that inspire change for good.”

Amanda Thoreson, Clinical Coordinator for Laura’s House Domestic Violence and Advocacy Center said, “We cannot thank Eden’s Garden enough for their generosity and support for Laura’s House. Their staff is so friendly and knowledgeable. They provided a presentation Laura’s House staff that was full of incredibly useful information that enhanced our depth of knowledge on the benefits of aromatherapy. Our therapists and advocates have been able to use many oils to help bring our clients peace and comfort during some of the most stressful and anxiety provoking times of their lives. Additionally, we have been able to utilize the essential oils and practice self-care among the staff with the help of Eden’s Garden!”
NEW WEBSITE LAUNCH

Laura’s House is excited to share our new website that launched on October 17! Our recent logo rebrand and new tag-line, Inspiring Hope and Empowering Change, has continued to resonate with our current work and what we hope for all of the lives we touch through our various sites and programs and services offerings. We hope you will find our Website resourceful and useful for many purposes. We are constantly striving to ensure that we are meeting the needs of our communities and serve as a national resource for domestic and family violence information. Please feel free to email with us any questions and any feedback you may have — we would love to hear from you!

Check out our new look at laurashouse.org.

GRANTS

Our partnership with foundations, corporations and public agencies such as these enables Laura’s House to provide direct, cost effective solutions to end the cycle of domestic violence and foster self-sufficiency and healthy relationships for the women, men and children of our community. Laura’s House received funding recently from the following organizations*:

- Allstate Helping Hands Grant
- Arbonne Charitable Foundation
- California Foundation for Older Families
- California Office of Emergency Services (Cal OES)
- City of Aliso Viejo
- City of Laguna Beach
- City of San Clemente
- County of Orange – OC Community Resources
- Crean Foundation
- Elks Lodge – Mission Viejo
- Dhont Family Foundation
- Edwards Lifesciences
- Golden State Foods
- Hybrid Apparel Foundation
- Jerome Foundation
- NCL – Capistrano Coast Chapter
- NCL – Canyon Chapter
- NCL – Laguna Chapter
- Orange County Community Foundation
- Orange County Women Lawyers Assoc.
- ResCare – CalWORK’s Grant - OCSS
- San Clemente Junior Women’s Club
- Sisters of St. Joseph Healthcare Foundation
- Sorenson Charitable Fund
- TJX Foundation
- Ueberroth Family Foundation
- UCI Philanthropy Lab Mini-Grant Program
- Union Bank Foundation
- United Way Combined Federal Campaign
- UPS Foundation
- Vans Foundation
- Wells Fargo Foundation
- Zonta of Newport Harbor

*As of October 15, 2018
This year we request your help with Holiday donations for the families of Laura’s House!

This Holiday Season we would appreciate your help with holiday gift donations and gift cards for the families we serve. Families will receive these gifts at our Shelter Alumni Party, Counseling & Resource Center, Emergency Shelter and Transitional Living Center, as well as our Domestic Violence Advocacy Center (DVAC). If you would like more information on donating to our Holiday Giving Program, please visit our website laurashouse.org. In the meantime, look at our Holiday Giving Guide for an easy way to make an impact this year!

**Gift Card Wish List:**

**Superstores:** Target, Wal-Mart, Costco, Sam’s Club

**Grocery Stores:** Albertsons, Vons, Pavilions, Ralphs, Stater Bros., Fresh & Easy, Trader Joe’s, Sprouts, Whole Foods, Smart & Final, Costco

**Pharmacy:** CVS, Walgreens, Rite Aid

**Clothing:** Old Navy, Forever 21, Claire’s, Payless, TJMaxx, Marshalls, Macy’s, Sears, Gap, Pac Sun, Tilly’s, Dick’s Sporting Goods, H&M, Disney Store, Buy Buy Baby

**Gifts:** Barnes & Noble, Sephora, Ulta, Dick’s Sporting Goods, iTunes, Best Buy

Please consider donating gift cards between Nov. 1 and Dec. 1. The bulk of the gift cards will be distributed at our annual Alumni Holiday Party on December 2, 2018.

>> Give back this holiday season — CLICK HERE <<
Laura’s House Holiday VIP Shopping Event:
November 15, 2018 — 5:30pm-8:00pm

Laura's House Resale Store in San Juan Capistrano invites you to join us for an evening filled with fabulous shopping including new and exclusive holiday merchandise and popular gift items, festive music and tasty refreshments and of course some great raffle prizes and silent auction items! YOU WILL NOT WANT TO MISS THIS!

31878 Del Obispo St. • Suite 104 • San Juan Capistrano

Please RSVP by November 8th to reserve your spot today. >>Click here to RSVP

Volunteer Appreciation Poem

Here's to the everyday heroes,
The volunteers who do what they can,
To ease the suffering of others,
And be of service to their fellow man.

May they know the true satisfaction
That comes from helping others
Less fortunate than themselves,
But no less their sisters and brothers.

May they feel the gratitude in our hearts
For all of the good that they’ve done.
The appreciation that we all feel for them
Is truly second to none.

please join

gorjana GIVES BACK

25% OF SALE PROCEEDS BENEFIT LAURA'S HOUSE

Inspiring Hope and Empowering Change to End Domestic Violence

Thursday, November 15th
6:00 PM – 8:00 PM

gorjana Irvine
864 Spectrum Center Center Drive, Irvine

LIGHT BITES • REFRESHMENTS
JEWELRY STYLING

CAN’T MAKE IT TO THE PARTY?
SHOW YOUR SUPPORT, CALL IN AN ORDER!
949-585-9128

grit cycle
MONARCH BEACH

On December 1st at 12 p.m. GritCycle Monarch Beach is offering a donation based cycle class where all proceeds will benefit Laura’s House programs and services.

Reserve your bike today for $75 for high-energy and endorphin-boosting cycle class!

>> SIGN UP HERE <<
In partnership with the City of Laguna Niguel, Laura’s House hosted a panel exploring the trends in unhealthy adolescent relationships. Laura’s House gathered a panel full of experienced individuals including Laura’s House’s own Veronica Stephens, Community Education Specialist and Jennifer Ponce, CHES, Prevention and Education Manager. Also sitting on the panel was Dr. Lemuel Day from Chapman University, Jeanette Boyle, Dana Hills High School Teacher and Ashley, Advocate and Survivor of Teen Dating Violence. The panel discussed unhealthy relationships for adolescents and prevalence of teen dating abuse here in Orange County.

Studies have shown that 1 in 3 teenagers in the U.S. experience some form of teen dating violence, however, a recent study by Chapman University indicated that Orange County has twice the national average.

This forum is designed to give an in-depth look into teen dating violence, the various forms it can take and the red flags parents can identify while their teens are in a dating relationship and resources available to help protect our youth.
GET INVOLVED TODAY

Laura’s House offers a variety of donor programs and giving opportunities that enable you to become part of the Laura’s House family. Our current giving campaigns, events and opportunities are detailed below and ensure your gift is allocated in the manner you intend. For detailed information on any of the options listed below, please visit laurashouse.org/get-involved.

Car Donations: We are seeking donations! Donate your car, truck, van, SUV, boat, motorcycle, ATV, RV, trailer or airplane has never been easier! Simply choose Laura’s House to donate to, call 855-500-RIDE, and trained staff will guide you through the donation process. It is as simple as 1-2-3!

Volunteer: Laura’s House encourages volunteer involvement and the development of community resources to enhance our programs and build closer ties with the community. In addition to providing support to clients and their families, volunteers help increase the knowledge and understanding of domestic violence our community. We love our Laura’s House Volunteers! Find out more about becoming a Laura’s House Volunteer by clicking here.

Legacy Program: We invite you to share in this giving opportunity to ensure that individuals and families affected by domestic violence continue to have access to Laura’s House’s services and programs for years to come. Laura’s House Legacy Society members will receive recognition on the donor wall at Laura’s House and our website. Additionally, Legacy Society members are to an annual recognition celebration and other selected events. Members will have the satisfaction of knowing their gift will continue the important and far-reaching work of Laura’s House. Please let us know if you have included Laura’s House in a bequest, estate plans or other legacy gift so that we can acknowledge your generosity. For further information on becoming a Laura’s House Legacy Society member checkout our website here or please contact (949) 361-3775 or Andrea McCallister, Director of Development & Communications, amccallister@laurashouse.org.

Donate Wish List Items: Setting our Laura’s House families up for success involves a lot of day to day items that may easily be over looked. Laura’s House site managers update our wish list every month to fulfill immediate needs from our Emergency Shelter, Transitional Housing, and Resale Store sites. You can download the current wish list here to bring immediate support to our residents.

URGENT NEEDS:
- Toilet Paper
- Clorox Wipes
- Body Lotion
- Laundry Detergent
- Bleach Gallons
- Bleach Spray Bottles
- Stainless Steel Cleaner
- Baby Monitors
- Diaper Genies
- Little Boy Socks
- Womens Socks
- Womens Shoes (all sizes)
- Women Underware (all sizes)
- Little Kids Shoes 4 to 8 years (12.5, 13, 13.5, 1, 1.5, 2, 2.5, 3)
- Big Kids Shoes 8 to 12 years (3.5, 4, 4.5, 5, 5.5, 6, 6.5, 7)

Employee Giving: Invite a Laura’s House speaker to your workplace and through a workplace campaign of through United Way.

Become a Fundraiser: With a personalized donation page, you can fundraise for Laura’s House! Host an event, run a race, climb a mountain, hold a jeans day at work, whatever you do, we think you are amazing! Call us to create your campaign today, 949.361.3775 x210.

Circle of Friends — Annual Giving: Join Laura’s House Circle of Friends campaign and provide unrestricted funds to be used where they are needed most. Every gift counts! Click here for more info.

>> CLICK HERE TO DONATE <<
Laura’s House fundraising events are a wonderful way to raise awareness on domestic violence issues and much needed funds to support Laura’s House and of course, have a bit of fun in the process!

For more information on any of these events please visit our website at laurashouse.org or contact the Development Department (949) 361-3775, Andrea McCallister, Director of Development & Communications amcallister@laurashouse.org and Hallie Wilson, hwilson@laurashouse.org

>> DONATE HERE <<